

ADVOCATE FOR CHANGE:

One Planet Healing recognizes effective trauma-specific recovery approaches include social justice and human rights advocacy. We realize that Institutional betrayal and systemic trauma are human rights violations, and we fight for systemic change through our continual fight for accountability, inclusivity, and equality. We feel that people deserve options in how they receive assistance and how they are viewed by the people providing assistance, meaning people deserve access to well-trained, knowledgeable, and ethical Trauma Specialists without going into a potentially oppressive mental health system.

INCLUSIVITY:

OPH views inclusion as a universal human right. We are also diligently working towards growing a more diverse organization. We advocate for embracing ALL people in whatever way feels safest for them. This includes recognizing the barriers many people feel in accessing support and acknowledging that poverty, discrimination, and trauma hinder many people from receiving what they need, primarily because of a lack of options within potentially oppressive systems.